



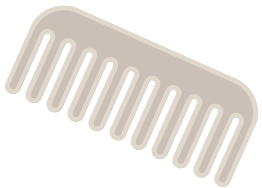
# HOMELESS CARE PACKAGE IDEAS

## TOILETRIES

- Baby wipes/ body wipes
- Travel toothbrush
- Travel toothpaste
- Lotion
- Sunscreen (possibly in lotion)
- Chapstick
- Comb or brush
- Waterless (or dry) shampoo
- Razors and shaving gel
- Menstrual Pads or tampons

## MISCELLANEOUS

- Hand, feet, and body warmers
- BandAids/ small first aid kit
- Cough drops and/or mints
- Travel mug/bottle for refills
- \$5 or \$10 gift cards
- Cash (trust your gut)
- Meal coupons
- Local resources/free meals list
- Hats
- Gloves/mittens
- Scarves
- Coats
- Socks, especially wool
- Shoes/boots



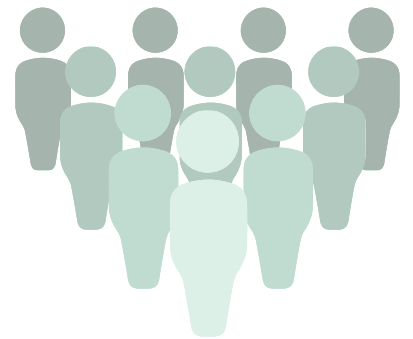
## FOOD AND DRINK

- Ready-to-eat cans w/ easy open lids
- Soft foods like applesauce or pudding
- Some protein bars
- Beef jerky
- Trail mix
- Instant oatmeal packets
- Hot chocolate packets
- Bottled water



## DON'T FORGET TO OFFER...

- A moment of your time
- Eye contact
- Smiles
- A listening ear
- Conversation



## CONSIDER AVOIDING

- Soaps
- Hand Sanitizer
- Mouthwash
- Difficult to carry/open/heat foods
- Sticky, hard foods
- Very used clothing
- Pushing religious literature. Talk/ask first
- Throwing the package from you car
- Delivering packages alone

Find more at [www.OddsandEvans.com/homelesscarepackages](http://www.OddsandEvans.com/homelesscarepackages)

